



ANNUAL STATEMENT

For the Year Ending December 31, 2009
OF THE CONDITION AND AFFAIRS OF THE

NORTH CAROLINA MUTUAL LIFE INSURANCE COMPANY

NAIC Group Code	0000	,	0000	NAIC Company Code	67032	Employer's ID Number	56-0340860
	(current period)		(prior period)				
Organized under the Laws of	North Carolina			State of Domicile or Port of Entry	NORTH CAROLINA		
Country of Domicile	United States of America						
Incorporated/Organized	02/28/1899			Commenced Business	04/01/1899		
Statutory Home Office	411 W. Chapel Hill Street			Durham, NC 27701-3616			
	(Street and Number)			(City or Town, State and Zip Code)			
Main Administrative Office	411 W. Chapel Hill Street						
	(Street and Number)						
	Durham, NC 27701-3616			(919) 682-9201			
	(City or Town, State and Zip Code)			(Area Code)(Telephone Number)			
Mail Address	411 W. Chapel Hill Street			Durham, NC 27701-3616			
	(Street and Number)			(City or Town, State and Zip Code)			
Primary Location of Books and Records	411 W. Chapel Hill Street						
	(Street and Number)						
	Durham, NC 27701-3616			(919) 682-9201			
	(City or Town, State and Zip Code)			(Area Code)(Telephone Number)			
Internet Website Address	ncmutuallife.com						
Statutory Statement Contact	Kamlesh Shah			(919) 313-7807			
	(Name)			(Area Code)(Telephone Number)			
	kshah@ncmutuallife.com			(919) 313-8723			
	(E-Mail Address)			(Fax Number)			

PRINCIPAL OFFICERS***

President and Chief Executive Officer	JAMES HERBERT SPEED JR., CPA
Senior Vice President-Chief Operating Officer	RICHARD LEE HALL
Sr. Vice President of Administration/Human Resources	GRACIE ANN JOHNSON-LOPEZ, SPHR
Vice President-Accounting Services	DAVID ALAN BAYLOCK
Vice President-Corporate Actuary	STAFFORD LEROY THOMPSON, JR, FSA, MAAA
Vice President-Group Marketing	ARTHELL DAMON DAVIS
Vice President-Individual Marketing	RONALD RUSSELL CORLEW

DIRECTORS***

CAROL MOSELEY BRAUN	ERSKINE BOYCE BOWLES	JULIUS LEVONNE CHAMBERS
BERT COLLINS, Chairman	JOE LOUIS DUDLEY, SR.	NATHAN TAYLOR GARRETT, SR.
ELLIOTT SAWYER HALL	JAMES HERBERT SPEED, JR.	THEODORE WALSTEIN LONG, JR.
PHAIL WYNN JR.		

State of North Carolina

County of Durham ss

The officers of this reporting entity being duly sworn, each depose and say that they are the described officers of said reporting entity, and that on the reporting period stated above, all of the herein described assets were the absolute property of the said reporting entity, free and clear from any liens or claims thereon, except as herein stated, and that this statement, together with related exhibits, schedules and explanations therein contained, annexed or referred to, is a full and true statement of all the assets and liabilities and of the condition and affairs of the said reporting entity as of the reporting period stated above, and of its income and deductions therefrom for the period ended, and have been completed in accordance with the NAIC *Annual Statement Instructions* and *Accounting Practices and Procedures* manual except to the extent that: (1) state law may differ; or, (2) that state rules or regulations require differences in reporting not related to accounting practices and procedures, according to the best of their information, knowledge and belief, respectively. Furthermore, the scope of this attestation by the described officers also includes the related corresponding electronic filing with the NAIC, when required, that is an exact copy (except for formatting differences due to electronic filing) of the enclosed statement. The electronic filing may be requested by various regulators in lieu of or in addition to the enclosed statement.

(Signature)	(Signature)	(Signature)
James Herbert Speed, Jr.	Richard Curtis Barnes	David Alan Baylock
(Printed Name)	(Printed Name)	(Printed Name)
1.	2.	3.
President, CEO	Corporate Secretary	Vice President - Accounting Services
(Title)	(Title)	(Title)

Subscribed and sworn to before me this

day of

(Notary Public Signature)

a. Is this an original filing? Yes [X] No []

b. If no:

1. State the amendment number	
2. Date filed	
3. Number of pages attached	



Statement of Non-guaranteed Elements

I. DETERMINATION PROCEDURES FOR NON-GUARANTEED ELEMENTS

The Company currently issues and has in force Flexible Premium Annuity contracts that contain non-guaranteed interest elements. Small blocks of Universal Life policies that contain non-guaranteed interest elements are also in force. These contracts provide for fund accumulations at a minimum rate of interest specified in the policy or contract. Interest earnings in excess of the guaranteed rate are credited at a rate determined by the Company quarterly. The Company has appointed an investment committee consisting of the President/CEO, Senior Vice President/COO, Vice President of Accounting Services and Corporate Actuary to review market conditions, investment philosophy and projections of funds available for investment. This committee then recommends, on the basis of its analysis, the rate of interest to be credited in the following quarter on such funds to the Executive Committee of the Company's Board of Directors for final approval.

The Company's Universal Life policies also contain non-guaranteed cost of insurance rates and monthly expense charges. Maximum cost of insurance rates and expense charges are specified in the policy. Small closed blocks of 10 year term and 15 year term policies contain non-guaranteed premium rates. Maximum premium rates are specified in the policy. Changes will be determined according to procedures and standards on file with the Insurance Department. Changes will be made by class and will be based on changes in future expectations for such elements. Policy cost factors will be reviewed every one to five years.

II. INTERROGATORIES

1. Since this statement was last filed, have there been any changes in the values of non-guaranteed elements on new or existing business authorized for illustration by the company?

No. However, interest rates are reviewed quarterly based on a portfolio average report.

2. Since this statement was last filed, have there been any changes in the values of non-guaranteed elements actually charged or credited?

No. However, interest rates are reviewed quarterly based on a portfolio average report.

3. Indicate to what extent any changes described in 1 or 2 vary from the policy and/or general methods and procedures last reported for the affected contracts.

No change.

4. Are the anticipated experience factors underlying any non-guaranteed elements different from current experience?

No.

5. State whether anticipated investment income experience factors are based on (a) a portfolio average approach, (b) an investment generation approach, or (c) other.

Portfolio average.

6. Describe how the company allocates anticipated experience among its various classes of business.

Anticipated experience for major classes of the company's business will be analyzed separately.

7. Does the undersigned believe there is a substantial probability that illustrations authorized by the Company to be presented on new and existing business cannot be supported by currently anticipated experience?

No.

8. Describe any aspects of the determination of non-guaranteed elements not covered above that involve material departures from the actuarial principles and practices of the American Academy of Actuaries applicable to the determination of non-guaranteed elements.

None.

III. ACTUARIAL OPINION

I, Stafford L. Thompson, Jr., am the Corporate Actuary of North Carolina Mutual Life Insurance Company and a Member of the American Academy of Actuaries. I have

Statement of Non-guaranteed Elements

examined the actuarial assumptions and methods used in determining non-guaranteed elements for the individual life insurance and annuity policies of the company used for delivery in the United States. The non-guaranteed elements included are those:

- i) paid, credited, charged or determined in 2009, and
- ii) authorized by the Company to be illustrated on new and existing business during 2009.

My examination included such review of the actuarial assumptions and methods of the underlying basic records and such tests of the actuarial calculations as I considered necessary. In my opinion, the non-guaranteed elements described above have been determined in accordance with generally accepted actuarial principles and practices applicable to the determination of non-guaranteed elements, except as described above.

Stafford L. Thompson, Jr., FSA, MAAA
Corporate Actuary

26, February 2010
Date